## Jewish Family Services (JFS) at the Sidney Hillman Health Center

Have a lot on your plate?

Need Help Finding the Community Resources that Meet Your Needs?

Then You Came to the Right Place

In response to member's requests for additional information on community resources, The Sidney Hillman Health Center has invited professionals from Jewish Family Service (JFS) to help connect you with the services you need.

It's Easy and Confidential.

Just stop by the lounge every Tuesday morning between 9:00 am and noon or leave a message for JFS staff by calling their confidential voicemail at (585) 473-2000 extension 7667.

Here are just a Few Examples of the things JFS can help you with

Aging in the perfect home; Your own
Finding care for an elderly family member
Locating transportation services in your area
Providing information on agencies that assist with paying gas and electric bills
Locating a community based counselor
and Much, Much More

You can also read more about Jewish Family Services 85 year history of serving the Rochester community by visiting their website at <a href="http://www.jfsrochester.org">http://www.jfsrochester.org</a>





## One community working together